2009-2010

Pennsylvania

WIC Program

WIC Helps YOU Help Your Family in Many Ways!

- Save on groceries – WIC foods are free!
- Tips for eating healthy
- Help with nursing your baby
- Opens the door to other helpful programs

You or someone you know may qualify for WIC!

- Are you pregnant or recently had a baby?
- Do you have a child under age five?
- Are you the guardian for a child under age five?
- Are you a nursing mom?

Many working families qualify! Check these guidelines to see if you can start helping your family to better health with WIC! Don't delay! Call 1-800-WIC-WINS today!

2009-2010 WIC Income Guidelines

Family Size	*Monthly (Approx.)	*Annually
1	$1,669	$20,036
2	$2,246	$26,955
3	$2,822	$33,874
4	$3,399	$40,793
5	$3,976	$47,712
6	$4,552	$54,631

*Gross Income effective May 1, 2009. Expected babies are counted in family size. Foster children, MA, TANF, and Food Stamp clients meet income guidelines.

WIC is a program of the Pennsylvania Department of Health with funds from the United States Department of Agriculture. WIC is an equal opportunity provider. WIC does not require proof of citizenship.

WIC

pennsylvania
DEPARTMENT OF HEALTH

1-800-WIC-WINS **www.pawic.com**

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